



CONVERSATION
OF YOUR

Life

It is time to have the Conversation of Your Life to let your family, friends, and health care providers understand your wishes through advance care planning. The Conversation of Your Life (COYL) series aims to provide you all the pertinent information you may need to communicate your end-of-life care wishes ahead of time, saving your loved ones from having to make emotionally taxing decisions on your behalf when the time comes.

Advance Care Planning: Why is it important?

This panel discussion will feature local experts discussing the legal, medical, ethical, emotional, practical, and spiritual aspects of important conversations around death and dying.

April 17, 12 p.m. – 1 p.m.

Edgemont Park
274 Valley Road, Montclair, NJ 07042

Hospice and Palliative Care; What's the Difference?

Gain a comprehensive understanding of hospice and palliative care, the best and least utilized benefits.

May 1, 1 p.m. – 2 p.m.

Verona Community Center – Ballroom
880 Bloomfield Avenue, Verona, NJ 07044

Everything You Wanted to Know About Planning a Funeral (but were afraid to ask)

You have options ~ Come learn about the interesting and ever-changing options available to you in funeral planning.

May 6, 12:30 p.m. – 1:30 p.m.

Nutley Library – Stockton Room
93 Booth Drive, Nutley, NJ 07110

Starting the Conversation: Personal Values

What you want and how to get it. Our program begins with a short screening of the film *Anna's Story*, followed by a discussion on personal values and understanding what is important to you at end of life.

May 7, 11:30 a.m. – 1 p.m.

The Woodland
60 Woodland Road, Maplewood, NJ 07040

The Next Steps: An Empowered Consumer's Action Plan

Managing your finances doesn't have to be a complex chore. Elder law is specialty focused on issues affecting the aging population and can provide guidance on issues related to health care, long term care planning, preservation/transfer of assets, and Medicare/Medicaid.

What are your next steps? Having shared this journey for the past 4 weeks, you'll also have an opportunity to reflect on what you've learned and turn it into action!

May 13, 6: 30 p.p. – 8:30 p.m.

West Orange Library
46 Mt. Pleasant Avenue, West Orange, NJ 07040

To learn more about COYL, visit: njhcqi.org/COYL.



Conversation of Your Life (COYL) is a program of the New Jersey Health Care Quality Institute's Mayors Wellness Campaign. COYL is active in over 11 New Jersey Counties. COYL focuses on engaging communities in fruitful dialogue – the Conversation of Your Life – to let individuals' friends, family, and health care providers understand and respect their end-of-life wishes through advance care planning. COYL is generously supported by The Horizon Foundation for New Jersey.

